

# The Lower Saxony Research Network *Design of Environments for Ageing* (GAL) A Brief Introduction

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## Abstract and Objective

Worldwide, ageing societies are bringing challenges for new ways of living and health care. Health-enabling technologies offer new opportunities. In order to identify, enhance and evaluate such new information and communication technologies the “Lower Saxony Research Network Design of Environments for Ageing” (GAL) has been launched in 2008.

### Keywords:

Health-enabling technologies, Ambient-assisted living.

## Methods

To report on GAL’s objectives and its work packages.

## Results

Four scenarios (S1) “personal activity and household assistant”, (S2) “monitoring of preventive and rehabilitation sports”, (S3) “Sensor-based activity determination”, (S4) “sensor-based fall prevention and fall recognition” and

three cross sectional topics (C1) “technical platform for environments for ageing assistant”, (C2) “ICT architectures for new forms of care”, (C3) “social, economic and psychological requirements and consequences” as well as a working group on privacy constitute the major work packages of GAL. As far as we can see GAL is because of its size – more than 60 researchers involved – and of its high degree of interdisciplinarity to some extent unique. Details on GAL as well as reports on first results can be found at [www.altersgerechte-lebenswelten.de](http://www.altersgerechte-lebenswelten.de).

## Conclusion

It is challenging to initiate and run such a highly interdisciplinary project. Particularly in the field of new environments for aging, a mainly technical research focus may however lead to biased solutions in terms of user acceptance, economic benefits or quality and efficiency of care. Projects like GAL may help to overcome such bias.